



# SUMMIT 2026

Sept 24 - 26

Omni Barton Creek Resort & Spa

Austin, TX



YEAR 3:

# The Movement Grows

The Summit enters its third year — and the momentum has never been stronger. What began as an intimate gathering of forward-thinking clinicians has become the premier event redefining healthspan and human performance.

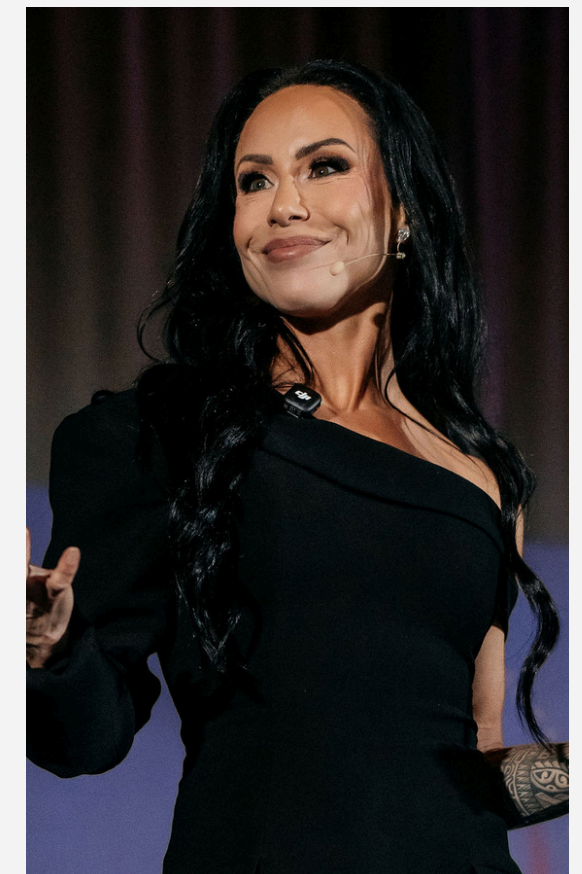


# Experience the Evolution

The Vibrant Summit's visual identity reflects our evolution — bold, clean, and forward-looking.

The brand now represents community, innovation, and purpose.

Each year builds upon the last, uniting medicine, technology, and lifestyle in one movement.



# World-Class Venue. World-Class Experience.

Perched in the heart of the Texas Hill Country, the Omni Barton Creek Resort & Spa is the ideal setting for inspiration and rejuvenation.





# A City That Embodies Longevity

Austin is more than just our host city — it's the perfect embodiment of modern wellness culture. Known for its innovation, creativity, and vibrancy, Austin has become one of America's top destinations for health, technology, and longevity.



Home to thriving biotech, nutrition, and performance-health startups.



A community deeply rooted in fitness, clean food, and outdoor living.



A place where cutting-edge research meets laid-back lifestyle.



# The Voices Shaping the Future of Health

Our 2026 keynote lineup features the leaders defining the conversation around health optimization and longevity.

Their insights don't just inform — they inspire transformation. These sessions set the tone for a weekend of science, strategy, and human potential.



**DR. GABRIELLE  
LYON**

Muscle-centric  
medicine and  
longevity science.



**DR. ANDREW  
HUBERMAN**

Neuroscience and  
behavioral change.



**DR. RHONDA  
PATRICK**

Cellular health and  
nutritional science.

# Immersive, Curated Education

VS26 will feature flexible, in-depth education designed to bridge research and clinical application.

**Metabolic Health | Hormone Optimization | Brain Performance |  
Environmental Health | Regenerative Medicine**

Each stage becomes a hub for deep learning and collaboration — where ideas translate into clinical impact.





# Live the Longevity Lifestyle

We practice what we preach. VS26 invites attendees to experience health optimization in motion.

Morning workouts. Guided cold plunges. Sauna and breathwork sessions.

Every activity is designed to energize, balance, and connect participants.

- Start the day with vitality.
- Recharge the mind and body between sessions.
- Create real-world routines that carry home beyond the event.

# Innovation You Can Experience

The Activation Hall brings the future of longevity to life. This is where attendees can touch, test, and interact with breakthrough technologies.



**PNOE** – metabolic analysis for precision health.

**Neuronova Chairs** – neurotechnology for performance recovery.

**Heavenly Heat Sauna** – detox and relaxation science.

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We curate brands that elevate lifestyle and clinical practice — moving beyond supplements into experiential health solutions.



# Where Education Meets Celebration

When the sessions end, the energy continues. Our evening events are crafted for connection, fun, and unforgettable moments.

- **Honky Tonk Night:** Boots, bourbon, and live Texas music.
- **Glow Dance Party:** Lights, laughter, and high energy.

These evenings are where relationships form and memories are made — blending the science of longevity with the joy of living well.

# A Community That Lasts Beyond the Summit

At the heart of the Vibrant Summit is community. Attendees come for the education, but they stay for the people.

LONGEVITY ISN'T JUST ABOUT ADDING YEARS – IT'S ABOUT AMPLIFYING LIFE.



THANK YOU



 VIBRANT